

Hawai'i Psychologist NEWSLETTER



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NOV

2019

ISSUE

The mission of the Hawai'i Psychological Association is to enhance the quality of life for the people of Hawai'i by encouraging, integrating, applying, and communicating the contributions of Psychology in all its branches. HPA seeks to strengthen public relations, advocate for a psychologically healthy community, develop solutions for mental health care, be responsive to the multiple cultures in Hawai'i, promote the highest standards of professional ethics and to diffuse psychological knowledge through meetings, conventions and publications.

WELCOME NEW MEMBERS

Ben Cohen

Katherine Knezek

Gordon Lee

Johanna Park

Maria Parreno

Franziska Garcia

Marc Thompson

Arianna Bellini

Rachel Ebert

Trey Fenton

Leah Morse

Seini O'Connor

Ky Vuong

Judi Steinman

ANNOUNCEMENTS

The National Academy of Neuropsychology podcast series on neurowellness is now online. The podcasts are free and available to anyone. Link is below.

<https://nanfoundation.org/current-projects/brain-health-podcasts>

IVAT Annual Hawaii Summit on Preventing, Assessing, and Treating Trauma Across the Lifespan is coming up April 23-26 at the Hawaii Convention Center. Early bird rates are in effect until February 28th.





MESSAGE FROM OUR HPA PRESIDENT

Aloha Members and Happy Holidays,

Community service and social justice have deep roots for me. As a child, it was a school requirement that I complete community service hours every year and social justice seemed to be part of the core curriculum at my school. I have volunteered for Special Olympics, Red Cross, community mediation, built homes, worked fish fries, and visited the sick and dying in hospitals. In addition to being on the front lines, I have done volunteer coordination & management, training, and served on various community boards. One thing I have learned across my three decades of volunteer work is that it is often a thankless job, there are never enough volunteers, and often those who do volunteer often get burned out. As I write this I am feeling a little crispy from my 8 years on the board of HPA. Each year in the fall you receive a slate of candidates to vote on for the next year's board. You haven't received one this year yet, because we have struggled to find people willing to serve. The call for nominations have gone out more than once. We have reached out to people who have been nominated by others and they have declined. I have had conversations with people that I think have something special to contribute and they too have declined. Every fall the executive committee stresses out about finding the right people to serve on the Board. There are states that have competitive races for positions on the board with campaigns and platforms and I often wonder what it will take to get our little island community to that level or if it is even possible. We all have expectations for what HPA is and what it will do. How many of you have thought about how you can be part of the leadership that is necessary to ensure that HPA continues to thrive. When people do not step up to serve, those that do carry a greater burden. By the time my commitment to Council of Representatives ends, I will have served 12 years on our Board. While that is a long time, it is nothing compared to some other folks who have served tirelessly for an even longer time. I am not suggesting that everyone serve such long periods, but I wonder what it will take for every member to serve just one or two years. I have written about this throughout the year and I take every opportunity to talk to members about how they can get involved. Legislative advocacy, planning convention, trainings, and grand rounds all require work and we need your help to do it. For those of who have served, I am deeply grateful for you. For those who have not yet served, please get involved. There is no association without you.

Sincerely,

Annie Nguyen

HPA President



MEMBER NEWS

Congratulations to Jared Yurow, Psy.D. on presenting at a plenary session entitled, "State Approaches to Culturally Competent Services" and being elected Vice President of this NASADAD National Treatment Network (NTN)!

Dr. Yurow was elected June 2019 for a two-year term as NASADAD National Treatment network (NTN) Vice-President. He also helped to coordinate a Luau for this year's NASADAD Annual Meeting.



PROGRAM SPOTLIGHT: A HAWAIIAN LUAU IN THE NATION'S CAPITAL

The National Association of State Alcohol and Drug Abuse Directors held a Luau at its annual meeting in June to promote cultural sensitivity. The Hawaii substance abuse team co-hosted as well. Fresh orchid leis, a suckling pig, and entertainment by Washintong DC's Aloha Boys rounded out the event. The cultural festivities added to the invaluable learning and networking that took place during the week-long meeting, which brought together state drug abuse program directors and professionals in treatment, prevention, women's specialists, and opioid services.



Photo description: (Pictured from left to right) Tribal Chair Francis Gray of the Piscataway Nation of Maryland; Jared Yurow, Psy.D., Hawaii Alcohol and Drug Abuse Division; Sheri Daniels, Ed.S., Papa Ola Lokahi; Aunty Darlene “Kehaulani” Butts (receiving NASADAD Service Award), and Aunty Charlene “Puanani” Diamond, Ke Ali’i Maka’ainana Hawaiian Civic Club of Washington, DC.



Thank you to all the attended this year’s Hawai’i Psychological Association Convention! We’ve received very positive feedback. There were eight keynote speakers and over sixty presenters this year. The keynote speakers included Anthony Bean, Stephanie Coontz, Helen Hsu, Marlene Maheu, Scott Miller, Larry Rosen, Alex Siegel and James Spira. We had 200 registered for the event and neighbor island members were able to participate in a large number of the programs via live Zoom webinar.

More information can be found at <https://hpaconv2019.sched.com/list/descriptions/>.



Lunden D. Head, MA

Outstanding Student of Psychology Award

Congratulations to this year’s distinguished 2019 HPA Award winners!



Coach Gerald Oda

Daniel K. Inouye Award



Lianne T.S. Phillhower, Ph.D.

Professor of the Year

Candidates were nominated by HPA members with the finalists selected by the Awards Committee. There were many impressive nominees.



Andrea M. Hiura, Psy.D.

Provision of Psychological Services to Rural and Underserved Communities



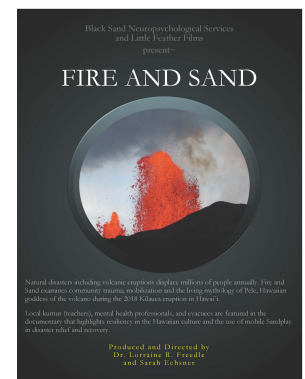
Steven J. Choy, Ph.D.

Pat DeLeon Lifetime Achievement Award

Winners not pictured here:

Aukahi Austin Seabury, Ph.D. won the Distinguished Service Award;

Allison Wagner, M.A. won the Outstanding Student of Psychology Award



Fire & Sand by Lorraine R. Freedle, Ph.D. & Sarah Echsner

Media Award



“WHEN THE MOON IS IN THE SEVENTH HOUSE”

The Pink Lady On The Hill – Built in 1907: HPA Executive Officer Ray Folen spent most of his professional life, all of 32 years, at the Tripler Army Medical Center (TAMC), from which he retired as Chief of the Psychology Department. Today, several psychology graduate students from the Uniformed Services University (USU) are obtaining their clinical experiences in Hawaii. Sybil Mallonee: “As a new year of internship training begins, Tripler has six new psychology interns who were drawn not only to the program but to the island itself. Personally, I was drawn to Tripler for its excellent training and by its staff who showed a clear passion not only for their work but also for the students they train. Since arriving on the island in May, I have not only continued to be impressed by my experience at Tripler but I have also fallen in love with the island of Oahu and its people.

“I was previously a Licensed Professional Counselor from the Midwest and now a doctoral student at USU. I am excited to be starting my career as a psychologist in Hawaii and to get more involved in the local community of psychologists. Although I am only able to be on the islands for the next two and a half years while on internship and then residency, I hope to be able to return after my time in the military. I chose Tripler for many reasons, but largely because of the training staff. Their passion not only for ensuring high-quality care to patients but how much they cared about the students they were training made it a community I am excited to join. I hope to return in the future to make Hawaii my home, and not just because it truly is paradise, but because of the amazing people I have met while here so far.”

Bushmaster And NASA Unique USU Training Experiences: “The further integration of military psychologists within an interdisciplinary team was only more evident at this year’s Bushmaster iteration. Two weeks of didactic classes followed by four days of field participation in a mock battlefield exercise held at Fort Indiantown Gap, Pennsylvania. This was my third year in attendance and it was promising to see the current clinical psychology doctoral students working in tandem with doctoral nursing students. The theme of integration was also seen by the inclusion of junior faculty members and clinical psychology interns from Naval Medical Center Portsmouth that were able to provide direct feedback and supervision of students alongside psychiatry faculty throughout the exercise. The high level of care and careful examination provided by the medical students serving within the role of the Behavioral Health Officer (BHO) was also evident as they discussed their decision-making processes. Overall, the training lent a perspective of how behavioral health assets can be utilized within a deployed setting and evidence of interdisciplinary teams being successful by using their unique training backgrounds *together* in these environments” (Julia Garza, who will receive her Ph.D. from USU this summer.)

Julia’s emphasis upon the importance of team-based care is timely. This month USU provided an opportunity for students and faculty, including from two local middle schools, to personally interact with one of their alumni, astronaut Drew Morgan, speaking live from the International Space Station. Several of the audience questions directly focused on the psychological/behavioral aspects of living in space. He described the excellent telehealth capabilities NASA possesses, as well as his having regular access to supporting psychologist and psychiatry colleagues. Without question, successful space travel requires team-oriented collaboration. The spacewalk of two of his female colleagues had just made the international news – the Moon and then Mars is in the future!

Change May Require a Different Perspective: Beth Rom-Rymer, a member of the APA Board of Directors, recently founded a new organization, The Illinois Association of Prescribing Psychologists (IAPP). With considerable community leadership involvement, Beth opines: “IAPP offers the warm collegiality of a fast-growing community of professionals, concerned about the delivery of optimal healthcare in Illinois and throughout the nation. Primarily, we are aggressively pursuing legislative advocacy goals. We are also continually updating our website resources, providing training tools for aspiring prescribing psychologists; connecting members to each other; and offering Continuing Education opportunities. We continue to work closely with the Illinois Psychological Association and the APA. Supporting our state and national psychological associations is paramount.

Reflections from the Past: Frank Farley, who my then-teenage son described as the funniest person he had ever met, continues to be actively involved in our annual APA conferences, often to standing room only audiences. “I was the 101st President of APA and thus inaugurated APA’s Second Century. Some of the many highlights for me of my Presidency included my Opening Ceremony for the 1993 Convention which was held in Toronto (very appropriate for a Canadian-American!). I had an incredible array of brilliance in the people I’d invited to join me on stage for that event, including two Nobel Prize recipients, both psychologists, Herb Simon and Roger Sperry (he agreed to come to Toronto but fell ill and his son substituted). Herb Simon, of course, is one of the key originators of Artificial Intelligence. Others included William Masters, the renowned sex researcher and therapist; Albert Ellis, the renowned therapist and originator of Rational-Emotive Behavior Therapy; Rocky Aoki, founder of the Benihana Restaurant chain and my hot-air ballooning buddy; and other outstanding originals! Another highlight was my Presidential Miniconvention ‘Sex, Love and Psychology’ with many of the world’s leading experts, held at that Toronto meeting. As one of only three Canadians ever elected APA President (and apparently the only President with a British Ph.D., University of London) I held the first-ever Board of Directors retreat in Canada, and organized a trilateral initiative of the national psychological associations of Canada and Mexico represented by their Presidents, and myself representing APA. In sum, the entire experience of the Presidency, and I’ve only mentioned some of the highlights, was a great THRILL! I would do it again in a heartbeat!” Not mentioned was Frank’s chairing an intimate meeting on behalf of APA in the Old Executive Office Building with Mrs. Clinton, during the height of the deliberations on the President’s National Health Insurance legislation, and having the opportunity to sit next to Mrs. Kennedy during a State of the Union Address, both at Senator Inouye’s invitation. “The Age of Aquarius” (The 5th Dimension).



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